

Dorchester Skipjack Committee
P.O. Box 1224
Cambridge, MD 21613
410-228-7141

Fitness Policy and Procedure

The Dorchester Skipjack Committee has adopted the following policy and procedures, in order to fulfill its responsibility for due diligence and to promote the safety of crew and passengers.

Policy:

It is the policy of the Dorchester Skipjack Committee that medical certification of fitness for service aboard the *Nathan* is required for all crew (captains, mates, and deckhands) to ensure the safety of the vessel, crew, and passengers.

Procedure:

1. Any person applying to train, or serve, as captain or crew member on the *Nathan of Dorchester* must first review and sign the **Initial Fitness Disclosure**. A person who cannot affirm the Initial Fitness Disclosure because of past problems may provide a completed Physician Fitness Certificate to show that the condition is no longer a problem.
2. On or before the date that a member completes training and is certified to crew on the *Nathan* (Red Shirt), he/she will provide a completed **Physician Fitness Certificate**. The Certificate may be completed by his/her personal physician at his/her own expense, or by a medical professional at a facility contracted by the Committee, at the Committee's expense.
3. Each person who is a captain, mate, or crew on the *Nathan of Dorchester* will provide a completed **Physician Fitness Certificate** to the Dorchester Skipjack Committee, at his/her expense, within one year of the adoption of this policy, and at intervals of at least once every three (3) years. Licensed captains/mates may submit a copy of their completed USCG Physical Examination Form (CG-719K), required for original license or license renewal, dated within two years prior to the adoption of this policy. Subsequently, licensed captains/mates must follow the three-year cycle. Licensed captains/mates must promptly provide a copy of any medical reports required by the USCG in the event of a change in fitness status between their five-year license renewal dates.
4. Any person who is a captain, mate, or crew on the *Nathan of Dorchester*, who has had in the past three years, or has a current illness, injury, or health condition which might affect his/her performance of the functions listed in the Fitness Certificate, or who has an illness or injury requiring hospitalization or causing sudden incapacitation, must have the **Physician Fitness Certificate** completed by the physician who treated the illness, injury, or condition.
5. Any captain, mate, or crew member, who observes a possible problem which might significantly

reduce a crew member's capacity to function, will report same to the President of the Dorchester Skipjack Committee. The President may form an ***ad hoc* panel** to review the problem. Such a panel will consist of the Vice-President, the Captains Representative, and the Crew Representative. (The President may designate a substitute in case of a conflict of interest.) The panel will report to the President. If the panel reports that a problem exists, the President shall have the member obtain a **Physician Fitness Certificate** from an appropriate physician, who has knowledge of the member's problem.

6. Any person who wishes to qualify for limited service in the crew of the *Nathan*, may document his/her status, which will be reviewed by the Panel described in paragraph 5 above.

Policy approved on March 1, 2007, in a regular meeting of the Dorchester Skipjack Committee.

Paul A. Stagg, President

Attachments:

Initial Fitness Disclosure Form
Physician Fitness Certificate Form

